



glenbrook racquet club

FALL JUNIORS
2019/20

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FALL 2019/2020



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WELCOME TO GLENBROOK RACQUET CLUB

Glenbrook Racquet Club is the premier and largest indoor tennis facility on Chicago's prestigious North Shore. Equipped with fully renovated kitchen and locker room facilities and 10 recently resurfaced and well-maintained courts, GRC offers members the highest quality tennis programs and instruction from some of the area's top professionals.

We pride ourselves on quality programs, consistent service, and superior instruction for all ages from the junior to the adult level.

New this year, we are expanding the excellence of our racquets programs by creating an affiliate club with the mission of establishing a state-of-the-art platform tennis, pickleball, and 10 and Under facility. With 4 new platform tennis courts, a new 1300 square foot hut (with men's and women's locker rooms, wet bar, and large lounge and viewing areas) and 6 indoor 10 and Under / Pickleball courts, the facility will be the first of its kind to offer both platform tennis and year-round Pickleball to its members. With room for growth, the new facility is aiming to be the largest club for platform tennis and Pickleball in Chicago.

We welcome you to stop by the club for a tour of our facility and also experience our new affiliate facility. Welcome to Glenbrook Racquet Club your "home away from home".

General Information:

Session Dates:

- Session #1: August 19 - October 27th (10 weeks)
- Session #2: October 28th - January 19th (12 weeks)
- Session #3: January 20th - April 12th (12 weeks)
- Session #4: April 13th - June 14th (9 weeks)
- Session #5: Summer Camp June 8th - August 16th (10 weeks)
Summer Club Classes June 15th - August 16th (9 weeks)

- Junior Membership is required for children ages 12 years old and older.
- 2 makes-ups are allowed per session and must be made up within the same session.
- Classes may be cancelled if there are not 3 children registered per class.
- **Make-ups must be scheduled through our new system of email by emailing to make-up@glenbrookrc.com.**

TENNIS

10 & UNDER TENNIS

The Foundation Level is offered to students who want to learn tennis at an early age. It is designed to promote FUN while learning the basics of the sport. To achieve success in the development phases of tennis this program utilizes lower bouncing compression balls, smaller racquet, and is played on a shorter court (36', 42', and 60' courts). Emphasis for this program is based on eye-hand coordination, body awareness in relation to the racquet, and eye-hand tracking of a moving ball.

The Foundation Level consists of four levels:

Motion Locomotion, Starters, Players, and Qualifiers

MOTION LOCOMOTION

Location 1835 Raymond Drive

(45 Min Class/5:1 Ratio)

Motion Locomotion is all about FUN while introducing children of young ages to body movement and body awareness. In this program we start them at 2 years old in an effort to "get them moving"! Our main focus in this program is teaching the kids MOVEMENT, BALANCE, and ATHLETICISM !!! Motion Locomotion consists of three levels: **Rookies, Slammers, and Aces.**

ROOKIES 2-3 yrs old

Monday	11:45	
Tuesday	9:00	
Wednesday	10:00	4:00
Thursday	11:15	
Friday	9:30	
Saturday	9:00	11:00
Sunday	10:00	11:00

SLAMMERS 3-4 yrs old

Tuesday	9:00	
Wednesday	8:30	4:00
Friday	8:45	
Saturday	9:00	11:00
Sunday	10:00	11:00

ACES 4-6 yrs old

Monday	11:45	
Wednesday	4:00	
Friday	8:45	
Saturday	10:00	11:00
Sunday	11:00	

Pricing: \$200.00 / session (10 weeks)
\$220.00 / session (11 weeks)

STARTERS

Location 1835 Raymond Drive
(1 Hour Class/6:1 Ratio)

This program is geared toward the students that are just starting this sport and who need to learn the basics of the game. This program teaches the forehand, backhand, volley, serve, and overhead in an instructional setting.

Emphasis is based on eye-hand coordination, body awareness in relation to the racquet, and tracking a moving ball. Here the student earns how to strike a stationary ball, a bounding ball, and a ball in motion.

Monday	4:00	5:00		
Tuesday	4:00	5:00	6:00	
Wednesday	4:00	5:00		
Thursday	4:00	5:00	6:00	
Friday	4:00	5:00		
Saturday	8:00	9:00	10:00	
Sunday	9:00	11:00	2:00	

Pricing: \$280.00 / session (10 weeks)
\$308.00 / session (11 weeks)

PLAYERS

Location 1835 Raymond Drive
(1 Hour Class/6:1 Ratio)

This program is geared toward the students that are now hitting a ball and can understand the extended racquet in their hand in relation to their body. Here we introduce the student to the forehand, backhand, volley, serve, and overhead. The environment is in a FUN but instructional setting.

Monday	4:00	5:00	6:00	
Tuesday	4:00	5:00		
Wednesday	5:00			
Thursday	4:00	5:00	6:00	
Friday	4:00	5:00		
Saturday	8:00	9:00	10:00	11:00
Sunday	10:00	12:00	3:00	

Pricing: \$280.00 / session (10 weeks)
\$308.00 / session (11 weeks)

QUALIFIERS

Location 1835 Raymond Drive

(Orange Ball Program -1 Hour Class/6:1 Ratio)

This program is geared toward the student that is more advanced in their stroke production and who are interested in staying involved in tennis to learn and move toward match play options. *This is a more advanced program and develops the skills that the child needs to proceed forward with this sport.*

Monday	4:00	5:00	6:00
Tuesday	4:00	5:00	
Wednesday	4:00	5:00	
Thursday	4:00	5:00	
Friday	4:00	5:00	
Saturday	9:00	10:00	11:00
Sunday	3:00		

Pricing: \$280.00 / session (10 weeks)
 \$308.00 / session (11 weeks)

DEVELOPMENT LEVEL

The Development Level is offered to students who want to experience the FUN of tennis and learn how to play this sport. It is designed to develop a solid foundation around the technique of the sport. All classes are taught on a 72 foot court using the "yellow" balls.

The Development Level consists of six levels: **Challengers, Futures, Advanced Futures, Junior High Training (JHT), Team GRC,** and **High School**

NOTE: Junior Membership is required for all kids ages 12 years old and older!

CHALLENGERS

Location - Glenbrook Racquet Club Main Facility

This program places its emphasis on developing technically correct strokes and focuses the stroke production on teaching the students the basics of match play. Rally and movement on the court is a big part of focus for this level. The student is encouraged to enhance their match play by participating in our weekly CLUB TEAM TENNIS program. Challenger classes are 1 hour or 1.5 hour classes

1 Hour Classes

Monday	4:00	5:00	6:00
Tuesday	4:00	5:00	6:00
Wednesday	4:00	5:00	6:00
Thursday	4:00	5:00	6:00
Friday	4:00	5:00	
Saturday	9:00	2:00	
Sunday	12:00	4:00	

1.5 Hour Classes

Monday	4:00		
Tuesday	5:30		
Wednesday	4:00		
Thursday	5:30		
Friday	4:30		
Saturday	11:00	12:30	

Pricing: 1 hour class: \$280.00 / session (10 weeks)
\$308.00 / session (11 weeks)

1.5 hour classes: \$465.00 / session (10 weeks)
\$511.50 / session (11 weeks)

FUTURES/ADVANCED FUTURES

Location – Glenbrook Racquet Club Main Facility

This program is for the student who has developed all four of the basic strokes including but not limited to the forehand, backhand, volley, and serve. It is the program that prepares the student for tournament competition and begins taking the student's tennis career to the next level. Students learn court strategies and competitive game plans and are encouraged to participate in CLUB TEAM TENNIS. Classes are 2 hours. Match Play is offered through our famous Club Team Tennis Program offered on Friday Nights

Futures

Monday	4:00 pm
Tuesday	5:00 pm
Wednesday	4:00 pm
Thursday	5:00 pm
Friday	4:00 pm
Saturday	1:00 pm
Sunday Match Play (2hr)	5:00 pm

Advanced Futures

Monday	4:00 pm
Tuesday	5:00 pm
Wednesday	4:00 pm
Thursday	5:00 pm
Friday	4:00 pm
Saturday	1:00 pm

Sunday Match Play (2hr) 5:00 pm

Pricing: 2 hour classes: \$620.00 / session (10 weeks)
\$682.00 / session (11 weeks)

JUNIOR HIGH TRAINING (JHT)

Location – Glenbrook Racquet Club Main Facility

This program is for the student who is interested in participating in tennis on a social platform. It is also offered for students starting the sport a little later in life (11 or 12 year olds). We offer two types of classes for this level, those that want to work hard in preparation for the possibility of making their high school team AND for those “late bloomers” who want to take up this sport and enjoy the social element it offers. Classes are 1 or 1.5 hours.

1 Hour Classes

Monday	7:00
Tuesday	5:30
Thursday	4:00
Friday	4:00 5:00

1.5 Hour Classes

Monday	5:30
Tuesday	4:00
Wednesday	5:30
Thursday	4:00
Saturday	3:00
Sunday	11:30

Sunday Match Play (2hr) 5:00 pm

Pricing: 1 hour class: \$280.00 / session (10 weeks)
\$308.00 / session (11 weeks)
1.5 hour classes: \$465.00 / session (10 weeks)
\$511.50 / session (11 weeks)

TEAM GRC

Location – Glenbrook Racquet Club Main Facility

This program is for the student who is beginning to take the sport of tennis seriously. It is offered to those that are interested in competing regularly in USTA tournaments. Offered in two different levels it is an INVITE ONLY PROGRAM! You may not register for this program without the consent of the assigned Program Director. Classes are 2 hours. The two levels of this program are as follows:

Team GRC - Yellow / Green Ball

This program is for the younger students who are using either a green or yellow ball. A commitment to play in the GRC Match Play and to participate in USTA tournaments is a requirement of this program.

Monday	4:00
Tuesday	5:00
Wednesday	4:00
Thursday	5:00
Friday Match Play (2hr)	6:00 pm (Club Team Tennis)
Saturday Ladder Match Play (2hr)	4:00 pm
Sunday	1:00

Team GRC ADVANCED - must have a 2.0 - 5.0 UTR rating

This is for the older kids who want to be a part of a TEAM who participates in USTA tournaments. It is for the serious player and offers benefits to the student by preparing him/her for tournament competition. The ability to participate in this program is through our Director's approval.

Monday	4:00
Tuesday	5:00
Wednesday	7:00
Thursday	5:00
Friday Match Play (2hr)	6:00 pm (Club Team Tennis)
Saturday	1:00
Sunday Match Play (2hr)	5:00 pm

Pricing: 2 hour classes: \$620.00 / session (10 weeks)
\$682.00 / session (11 weeks)

Match play for this program is offered 2 times per week

Club Team Tennis - Friday Night 6 - 8 pm
Team Match Play Ladder - Saturdays 3 - 5 pm

HIGH SCHOOL

Location – Glenbrook Racquet Club Main Facility

This program is for the student who is interested in participating in programs that will focus on training the student to be competitive in High School competition. Here, we focus on stroke production and doubles match play working with the students to understand the competitive side of tennis.

This program is for students who are either incoming Freshman just starting the high school experience or students who have already played one year on a high school FRESHMAN Team

The focus of this program is on DOUBLES match play. Drills and instruction for this level will be doubles focused and will teach the students the importance of doubles strategy in order to develop their high school competitive skills. Classes are 1.5 or 2 hours.

Monday	6:00 (2 hr)	
Tuesday	4:00 (1.5 hr)	
Wednesday	6:00 (2 hr)	8:00 (2 hr)
Thursday	4:00 (1.5 hr)	
Friday	4:00 (2 hr)	
Saturday	9:00 (2 hr)	
Sunday	1:00 (2 hr)	

Sunday Match Play (2hr) 5:00 pm

Pricing: 1 hour class: \$280.00 / session (10 weeks)
\$308.00 / session (11 weeks)
1.5 hour classes: \$465.00 / session (10 weeks)
\$511.50 / session (11 weeks)

Match Play for this level is offered once per week

Sundays 5 - 7 pm

PERFORMANCE LEVEL

The Performance Level program is offered to the student that is serious about tennis. Here the student is committed to improving their tennis game and has made tennis their primary sport. This program develops advanced technical and strategic tennis skills to improve their performance in tournament and competitive match play. Players must have the approval of the Performance Program Director before entering this program. All classes are 2 hours.

The Performance Level consists of three levels: **Performance**, **High Performance**, and **Xtreme**

NOTE: Junior Membership is required for all kids ages 12 years old and older!

PERFORMANCE

Location - Glenbrook Racquet Club Main Facility

To be able to enroll in this level, the student must have a COMPARABLE UTR of 3.5 - 6.0 and have the Coaches Approval

Monday	6:00
Wednesday	6:00 8:00
Saturday	9:00

Sunday Match Play (2hr) 5:00 pm

Pricing: 1x per week	\$620.00 (10 weeks)
1x per week	\$682.00 (11 weeks)

HIGH PERFORMANCE

Location - Glenbrook Racquet Club Main Facility

To enroll in this level the student must be a HIGH positioned VARSITY Player or a minimum of a 5.0 UTR rating and must have Coaches Approval

Monday	4:00
Tuesday	5:00
Wednesday	4:00
Thursday	5:00
Saturday	11:00

Sunday Match Play (2hr) 5:00 pm

Pricing: 1x per week	\$620.00 (10 weeks)
1x per week	\$682.00 (11 weeks)

XTREME

Location - Glenbrook Racquet Club Main Facility

Players must be atleast a UTR of 7.0 or higher to participate and must be approved by one of our Academy Direcor before enrollment.

Monday 4:00

Tuesday 7:00

Thursday 7:00

Saturday Match Play (2hr) 11:00

Pricing: 1x per week \$700.00 (10 weeks)

1x per week \$770.00 (11 weeks)

Match Play for this level is offered once per week

Sundays 5 - 7 pm

MATCH PLAY

All times for each level are listed for each group under their described programs.

Pricing: \$40.00/session

Club Team Tennis

Friday 6 - 8 pm

Pricing: \$200 for 5 sessions then \$40.00/session

2019/20 CALENDAR

2019

AUGUST

19 Session 1 Begins

SEPTEMBER

2 Labor Day - No Class

30 Rosh Hashanah - Class as scheduled

OCTOBER

9 Yom Kipper - Class as scheduled

14 Columbus Day - Class as scheduled

28 Session 2 Begins

31 Halloween - Class as scheduled

NOVEMBER

11 Veterans Day - Class as scheduled

28 Thanksgiving - No Class

DECEMBER

20 Institute Day - Class as scheduled

23 Winter Break Begins - Class as scheduled

24 Christmas Eve - Club closes at 3pm

25 Christmas - Club Closed

31 New Years Eve - Club closes at 3pm

2020

JANUARY

1 New Years Day - Club is open

20 Session 3 Begins / Martin Luther King Day - Class as scheduled

FEBRUARY

14 Institute Day - Class as scheduled

17 Presidents CUP / Presidents Day - Classes as scheduled

MARCH

2 Casimir Pulaski Day

23 Spring Break - ALL SCHOOLS - Classes as scheduled

APRIL

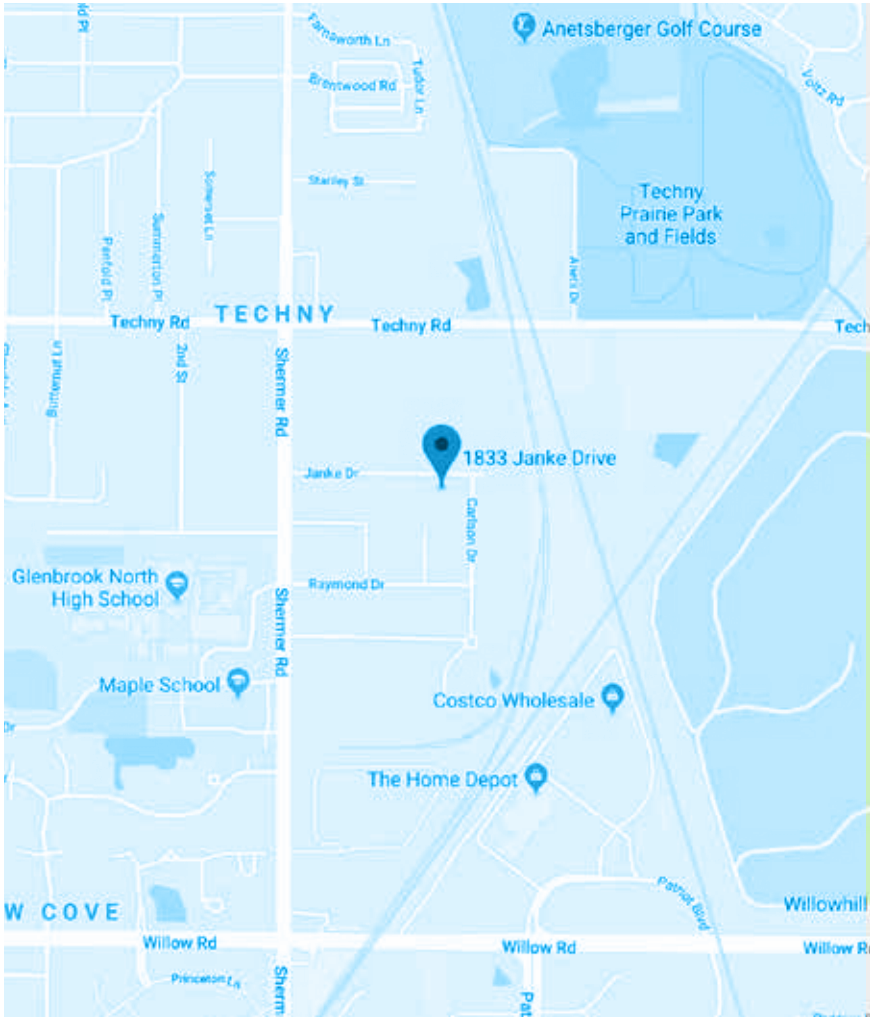
10 Good Friday

13 Session 4 Begins

MAY

25 Memorial day

WHERE IS GLENBROOK RACQUET



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