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**Glenbrook Racquet Club ADULT Program Schedule – 2021/2022**

**FIT Tennis: 10/25 – 1/9**

**Cost:** Member: $28.00 per or $260 for package /Non - Member: $32.00 per drill or $300 for package

A program to get you in to shape and to develop your strokes in a fast paced live ball drill.

Choreographed to music, you can be motivated to get in to the rhythm of the beat.

Open to all levels of players and to men and women alike.

Monday: 7:00 am – 8:00 am

Tuesday: 12:00 pm – 1:00 pm

Wednesday: 6:30 am – 7:30 am

Thursday: 12:00 pm – 1:00 pm

Friday: 7:00 am – 8:00 am

Saturday: 8:00 am – 9:00 am

[**Register Here for PACKAGE Member**](https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=1529&GroupID=3042200)[**Register Here for MEMBER Per Session**](https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=1529&GroupID=3042282)

[**Register Here for PACKAGE Non - Member**](https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=1529&GroupID=3042261)[**Register Here for NON - MEMBER Per Session**](https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=1529&GroupID=3042271)

**6 for $156 10/11 – 11/15 and 11/22 – 12/27**

**Cost: Member / Non – Member: $156.00**

A **Beginner** level program offering 6 hours of class for $156.

Each class will cover the basic strokes to develop the new players knowledge of the sport.

Forehand, backhand, volley, overhead, serving, and point play is taught.

Only new players to the club and those that have never taken a class at Glenbrook before may register for this class. 1 make-up is allowed for this class and must be completed within the 6 week program in a class equivalent to this program.

Monday: 9:15 am – 10:15 am, 10:30 am – 11:30 am

Tuesday: 9:30 am – 10:30 am

Wednesday: NO Class

Thursday: 12:00 pm – 1:00 pm

Saturday: 2:00 pm – 3:00 pm

Sunday: 12:00 pm – 1:00 pm

[**Register here for 6 for $156**](https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=1529&GroupID=3039197)

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**6 for $176 10/11 – 11/15 and 11/22 – 12/27**

**Cost: Member / Non – Member: $176**

An **Intermediate** program offering 6 hours of class for $176.

Each class will continue to develop the strokes and skills of the beginner tennis player. This program offers focus on live ball play using advanced development for the basic strokes and begins to touch on the court sense of playing a game. Players who have completed the $156 program may take this program as their next level program. Players that are new to the club may enroll in this program but may not take this program more than one time.

Tuesday: 6:00 pm – 7:00 pm

Wednesday: 10:00 am – 11:00 am

Friday: 9:30 am – 10:30 am

Saturday: 3:00 pm – 4:00 pm

Sunday: 1:00 pm – 2:00 pm

[**Register here for 6 for $176**](https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=1529&GroupID=3039370)

**6 for $266 11/15 – 12/26 and 1/3 – 2/13**

**Cost: Member / Non – Member: $266 (1.5 hour classes)**

An **ADVANCED** program offering 6 hours of class for $266.

Each class will continue to develop the strokes and skills of the beginner tennis player. This program offers focus on live ball play using advanced development for the basic strokes and begins to touch on the court sense of playing a game. Players who have completed the $156 program may take this program as their next level program. Players that are new to the club may enroll in this program but may not take this program more than one time.

Tuesday: 7:00 pm – 8:30 pm

Wednesday: 11:00 am – 12:30 pm

Thursday: 8:00 pm – 9:30 pm

Friday: 10:30 am – 12:00 pm

Sunday: 12:00 pm – 1:30 pm

**[Register here for 6 for $266](https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=1529&GroupID=3039439)**

**Singles Drills Thursdays – 9:30 am – 11:00 am**

**Cost: $43.00 per drill**

Jump in on our singles drills for 3.5 – 4.5 players.

Learn strategies that will get you winning against stronger players

This drill is for 3.5 – 4.5 players

Levels of players are divided on different courts!

[**Register here for the Singles Drill**](https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=1529&GroupID=3042823) **![Graphical user interface, text

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**Drill N Play Program**

Drill N Play Program is exactly as it states … drill for an hour and then learn how to play for an hour.

This is an INTERMEDIATE to ADVANCED Player program. THIS IS NOT A BEGINNER PROGRAM!

**Cost:**

One hour Program: Member / Non – Member $29.00

1.5 Hour Program: Member / Non – Member $43.00

Monday: 12:30pm – 1:30pm

Tuesday: 1:00pm – 2:00pm (Drop In), 4:00 pm – 5:00pm, 7:00pm – 8:30pm

Wednesday: 11:00am – 12:00pm, 8:00pm- 9:30pm

Thursday: 9:00am-10:30am, 1:00pm-2:00pm (Drop In)

Friday: 5:00pm- 6:00pm

Sunday: 9:00am-10:00am, 10:00am – 11:00am

**\*\*\*NOTE: The DROP IN rate is the same for MEMBERS and NON -MEMBERS !!!**

[**Register here for Drill N Play (1 HOUR) Program**](https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=1529&GroupID=3042337)

[**Register here for Drill N Play (1.5 HOUR) Program**](https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=1529&GroupID=3042386)

**In-House League. (10/25 – 1/9)**

Intermediate: Thursday: 11:00am- 12:30pm

Mixed Level (3.5, 4.0, 4.5) Saturday: 11:00am – 12:30pm

**Cost:** $300 / 10 week session

Play in a league with others of your level!

Match -Ups are organized by the Glenbrook Racquet Club Staff and each week you will be paired up with a partner and play against other players!

The winning team receives Glenbrook Racquet Club logoed gifts!

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**Men’s Programs**

**CITA Teams**

CITA stands for the Chicago Indoor Tennis Association and is a league that is offered as a TRAVEL LEAGUE where we play against other clubs.

The league is divided into levels offering a 3.5, 4.0, 4.5, and OPEN division.

These leagues offer both SINGLES and DOUBLES competition.

Anyone who is interested in participating in competitive play is welcome to be a part of our teams!

**Glenbrook offers the following:**

**4.0 / 4.5 Men’s Doubles**

Saturday: 11:00 am – 1:00 pm (every other week)

**4.0 / 4.5 Men’s Singles**

Sunday: 7:30 am – 9:00 am (every other week)

**Cost:** $32.00 per match

**Men’s Drills**

Jump in to the “Men’s Night Out” Drill! Want a great workout with great instruction and fast paced drills? Sign up for the MEN'S DRILL!  
  
All players of the intermediate, advanced, or advanced level are welcome !!  Best pros in the area drilling you for a 2 hour workout!

**When:**   Every Monday and WEDNESDAY  
**Time:**     8:00 pm - 10:00 pm

**Cost per drill:**     $55 member / $67 non member        

**Click on this link to register each week! If you are a member of the club, please make sure you click the “member” drop down and if you are a “non-member” of the club please use that drop down as well.**

[**Men's Drill - Monday**](https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=1529&GroupID=3038011) [**Men's Drill - Wednesday**](https://tms.ezfacility.com/OnlineRegistrations/Register.aspx?CompanyID=1529&GroupID=3038017)